



The Family Resource Center at Gorham

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Frugal Living



Next Month
Spring Cleaning Checklist

Odd ways to use Mayonnaise

- Strengthen fingernails by bathing them in a bowl of mayo for about 5 minutes, then rinse.
- To remove crayon marks from furniture rub mayo on that spot and let sit for several minutes then wipe away with a cloth.

Tax Season is Here

How would you like to have **more money** back from your taxes this year?

Are you in a **hurry** to get your return back?

We can get your refund back in about
7-10 business days for **FREE!!!**

VITA Program at The Family Resource Center
For more info call Judy Woodward @ 603-466-9014

Many uses for dryer sheets to help with Cleaning & Household Duties

- Eliminates static electricity from your television screen. Since dryer sheets are designed to help eliminate static cling, wipe your television screen with a used sheet to keep dust from resettling.
- Dissolves soap scum from shower doors. Clean with a used sheet .
- Freshens the air in your home. Place an individual sheet in a drawer or hang one in the closet.
- Eliminates static cling from pantyhose. Rub a damp, used sheet over the hose.
- Prevents musty suitcases. Place an individual sheet inside empty luggage before storing.
- Freshens the air in your car. Place a sheet under the front seat.
- Cleans baked-on food from a cooking pan. Put a sheet in the pan, fill with water, let sit overnight, and sponge clean. The anti-static agents apparently weaken the bond between the food and the pan while the fabric softening agents soften the baked-on food.
- Eliminates odors in wastebaskets. Place a sheet at the bottom of the wastebasket.
- Collects cat hair. Rubbing the area with a sheet will magnetically attract all the loose hairs.
- Deodorizes shoes or sneakers. Place a sheet in your shoes or sneakers overnight so they'll smell great in the morning.

Money Saving Websites

www.gasbuddy.com
www.retailmenot.com
www.pricespider.com



It's good to have money and the things that money can buy, but it's good, too, to check up once in a while and make sure that you haven't lost the things that money can't buy.

--George Horace Lorimer



One-Bowl Cheddar Biscuits

- 2-1/4 cups all-purpose baking mix
- 1/2 cup Shredded Cheddar Cheese
- 2 Tbsp. chopped fresh herbs
- 1/4 cup Sour Cream
- 2 Tbsp. Dijon Mustard
- 1/3 cup milk
- 1 egg, beaten
- 12 fresh Italian parsley leaves



HEAT oven to 425°F. Combine baking mix, cheese and herbs in large bowl. Mix sour cream and mustard in small bowl. Gradually stir in milk. Add to baking mix mixture; stir just until moistened.

PLACE dough on surface lightly dusted with additional baking mix; knead 10 times. Pat into 1/2-inch-thick circle. Cut with 2-inch biscuit cutter dusted with baking mix. Place biscuits, 2 inches apart, on baking sheet. Brush lightly with egg; top with parsley. Brush with remaining egg.

BAKE 12 to 15 min. or until lightly browned. Serve warm.

Potato Leek Soup

- 2 Tbsp. olive oil (you can use what ever is handy)
- 4 large leeks, cut into 1/4-inch thick slices
- 4 large russet potatoes, peeled, cubed (about 4 cups)
- 1-1/4 qt. (5 cups) water
- 1 tsp. salt
- 1/2 tsp. black pepper
- 1 pkg. (8 oz.) Cream Cheese, cubed
- 1/2 cup milk
- 1/4 cup chopped fresh chives



HEAT oil in large stockpot on medium heat. Add leeks; cook 5 min. or until tender, stirring occasionally. Add potatoes, water, salt and pepper; cover. Bring to boil; simmer on medium-low 15 to 20 min. or until potatoes are tender. Cool 10 min.

ADD leek mixture, in batches, to blender; blend until pureed. Return to stockpot. Whisk in cream cheese, a few cubes at a time; cook on medium heat until cream cheese is completely melted, stirring constantly.

ADD milk; cook until heated through, stirring occasionally. Sprinkle with chives.

Ways to save on Pets

- Never skip core vaccinations, annual checkups, flea-and-tick treatments, heartworm drugs, or spaying/neutering—they save thousands down the line.
- If your pet needs multiple procedures, double-book surgeries: “You’ll pay just once for anesthetic and hospital stays,” says Gregory Hammer, DVM, past president of the American Veterinary Medical Assoc. .
- If your pet is overweight, like 35% of those in the U.S., a simple measuring cup can mean more money for you and fewer pounds for him.
- “People really overspend on pet toys,” says Dr. Hammer. “Truth is, pets prefer basic toys and are more likely to play with an empty box than with a \$20 animatronic mouse.

Tips to make cars last longer

- Change the oil and filter every 3,000 to 5,000 miles or per the owner's manual. Periodic oil and filter changes keep your engine clean on the inside.
- Check the tire pressure at least monthly, including the spare. Your car's tires affect its ride, handling, traction and safety.
- Schedule a tune-up annually to optimize your car's performance. A well-tuned engine delivers the best balance of power and fuel economy, and produces the lowest level of emissions.
- Have the alignment checked at least annually. Potholes and other road conditions, as well as normal wear, can take their toll on your car's steering and suspension. A wheel alignment reduces tire wear, improves fuel economy and handling, and increases driving enjoyment and safety.
- Inspect the windshield wipers and lights on the car. Lights and wipers play a major role in safe driving and they are normal wear items that need periodic replacement.

